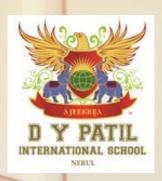
VOICE



E-Newsletter of DY Patil International School, Nerul

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'Life isn't about finding yourself. Life is about creating yourself'.

~George Bernard Shaw

Cyberbullying - A Digital Menace

"Cyber-bullying is poised to turn into the biggest online concern, already affecting up to 35% of all children". – Dr Martyn Wild

Cyberbullying refers to a consistent tendency to hurt the victim online using various tools. The effect is soulful damage along with a possible harm to the reputation.

Cyberbully is equivalent to:



Courtesy: depositphotos.com

Cyberbullying - The Effects

"With cyberbullying, one press of a finger on an electronic device can shatter someone's reputation and what they think is their entire life. It's scary."

~Justin Prentice

The effect is severe and long-lasting; it leads to stress-related disorders in victims and weakens the bullies with a false sense of confidence.

Depending on the severity and frequency of the action, it may have some legal consequences.



Activities: Creating Digital Awareness

It is imperative that our learners are enabled to recognise the enormity of the digital platform. Exploration of the same whether as a part of class attendance or leisure requires insightful understanding of certain basic rules.

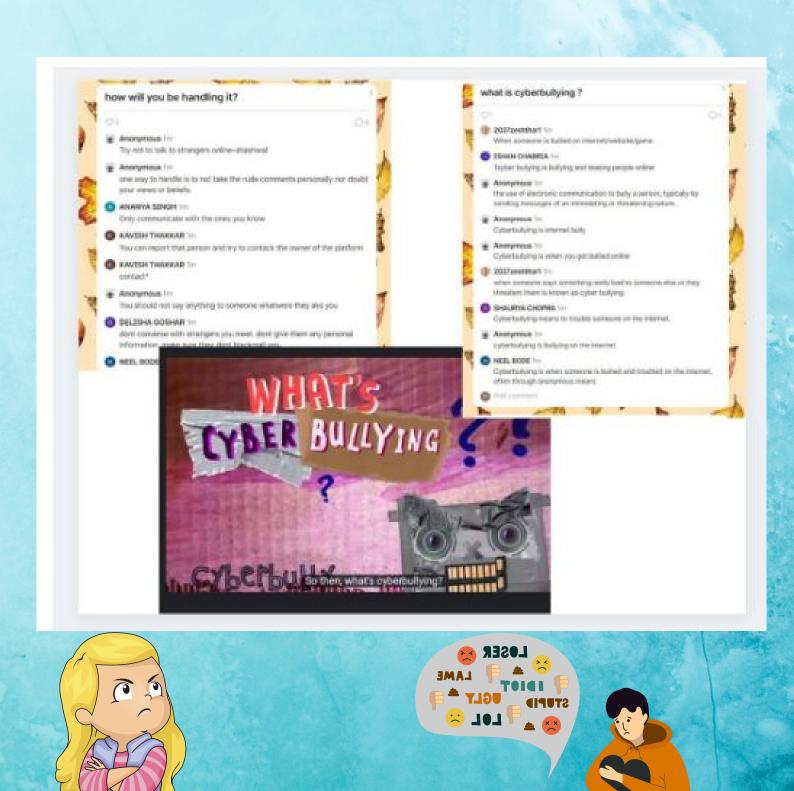
Students of Grades 1 & 2 listed the rules to remember when playing online games.



Online engagements include daily necessities like shopping, banking etc. Our Grade 3 learners learnt the rules regarding sharing of personal information on various gaming sites.

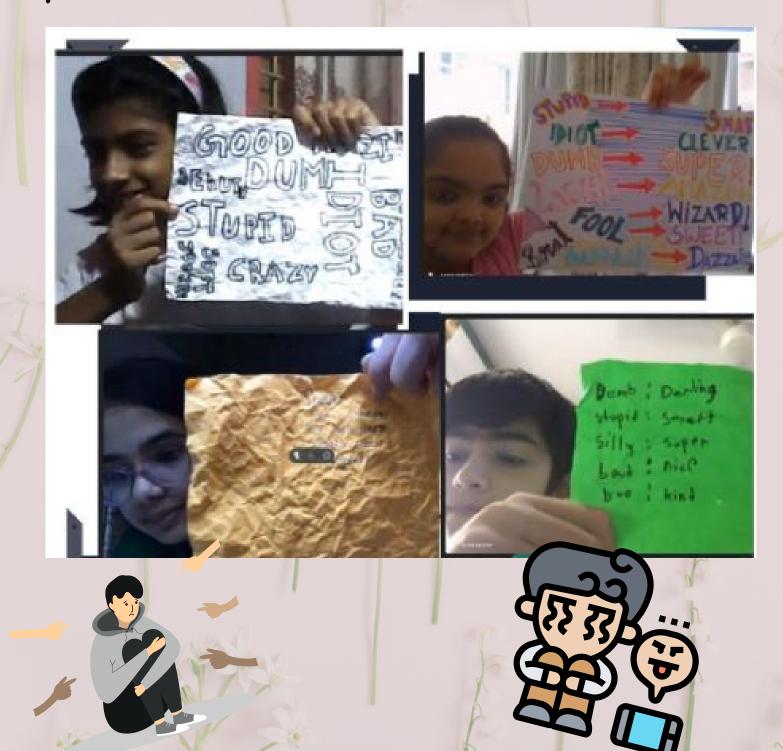


Students of Grades 4 and 5 shared their responses about cyberbullying before the session. It was observed that the students were already aware about this digital menace. The purpose of the activity was to equip them with mental readiness and emotional strength.





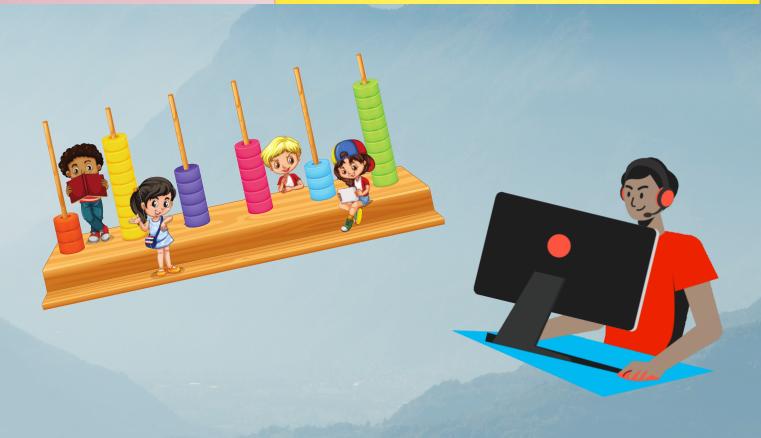
Responses - 'How it feels to be bullied...'



Edutainment - Child-Friendly Websites

A list of age appropriate and useful website for the students





Tips on Effective Management of Cyberbullying

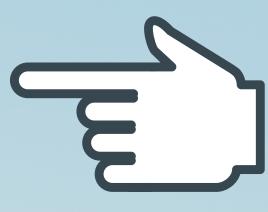
'Replace cyber-bullying with cyber-believing. Let us build each other up instead of bringing others down. BELIEVE & BUILD.'

~ Janna Cachola









Reporting cyberbullies is important for safety and effectively prevents repetition.

Here are a few steps that will ensure the perpetrator faces the consequences of cyberbullying.







- Anti Bullying TIP
 - · Learn about Bullying
 - Walk away
 - Be confident
 - Don't bully others
 - Be a resource or supporter
 - Be cyber smart
 - Value yourself
 - Love your self and spread love



References:
Kidshealth.org
Mentalup.co
kidshelpline.com
omamoda.com

Happy Reading!
TEAM DYPIS